



# SES COLLEGE SREEKANDAPURAM

(Accredited by NAAC with 'B' Grade) Affiliated to Kannur University



## Criterion 3

Research, Innovation and Extension

  
**KANNUR UNIVERSITY**  
(Abstract)

Research Guideship to Dr. Dominic Thomas in the subject Physical Education with School of Physical Education and Sports Sciences, Kannur University as the Centre for Research Guidance- Granted – Orders issued.

**ACADEMIC BRANCH**

No.Acad.E2/10780/RG/2015

Civil Station (P.O), Dated: 10/12/2015

- Read:-
1. Application for Research Guideship dated 19.01.2015.
  2. Ph.D. Degree Certificate dated 12.02.1997 issued by the Jiwaji University, Gwalior.
  3. U.O.No.Acad.E1/Research/URC/09 dated 16-07-2011.
  4. U.O.No.Acad.E2/Research/URC/09 dated 23.03.2015.

**ORDER**

1. As per the reference read first above, Dr. Dominic Thomas, 'Pulickal House', Edat (P.O), Payyannur, Kannur – 670 327 has applied for research guideship in Physical Education with Department of Studies in Physical Education, Kannur University as the centre for Research Guidance. He is working as Associate Professor in Physical Education, Payyannur College, Payyannur.
2. Dr. Dominic Thomas was awarded Ph.D. Degree in Physical Education in 1997 by the Jiwaji University, Gwalior vide the reference read second above.
3. As per the reference read third above, the revised guidelines granting research guideship and status of research centre was implemented in the University with effect from 22-06-2011.
4. As per the reference read fourth above, criteria for granting research guideship in the guidelines was modified. As per the U.O. "The applicant for research guideship should have published at least two papers in the subject concerned after the award of the Degree of Doctor of Philosophy in the peer reviewed journal (s)".
5. The application for research guideship submitted by Dr. Dominic Thomas has been processed as per the revised guidelines, granting guideship and the application is in order. His application has been recommended by the Chairman, Board of Studies. He has submitted all documents and remitted the requisite fee in the University fund.
6. The Vice Chancellor having considered the matter in detail has accorded sanction to grant research guideship to Dr. Dominic Thomas in the subject Physical Education with Department of Studies in Physical Education, Kannur University, as the centre for research guidance.
7. The Research guide will ensure that the research scholars under his/her guidance shall comply with the Regulations of the University and UGC regarding research.
8. The Research Guide shall follow the Rules, Regulations and Guidelines applicable and U. O issued by the University from time to time on the matter.
9. The Research Guide of Kannur University is not permitted to have more than eight research scholars under his/her guidance at a time including both the part-time and full-time research scholars in this University and other Universities.

(Contd....2)



10. The Research Guide of Kannur University should submit annual declaration on the total number of research scholars working under his/her guidance.

11. Teachers of the University Departments or Affiliated Colleges in the Government/ Aided Sectors, who are recognised as Research Guides by Kannur University are not permitted to register research scholars from other Universities/ Institutions without obtaining No Objection Certificate from this University.

12. The Research Guide is not permitted to supervise the research activities of any of him/ her immediate relatives.

13. The Research Guide will intimate the University his/her transfer/retirement/relief of duties from the present institution in time.

14. The Research Guide shall regularly monitor the research activities of the research scholars working under his/her guidance and report the matter to the University once in six months in the case of part-time scholars and once in three months, in the case of full-time scholars.

15. The Research Guide is bound to follow the rules, regulations and guidelines applicable and issued by the University and UGC from time to time failing which the University reserves the right to cancel the research guideship granted to him/her.

16. The Research Guideship will automatically be cancelled, if no research scholars are registered under a Research Guide after four years from the date of recognition granted to him/her as a Research Guide.

17. If the Research Guide feels that Joint Supervision is necessary for the research work having inter-disciplinary/multi-disciplinary nature, the service of Co-guide may be made available, subject to the condition that the Research Guide has requested for the same, specifying the name of Co-guide and the Doctoral Committee approved the request.

18. Orders are issued accordingly.

Sd/-  
JOINT REGISTRAR (Acad.)  
For REGISTRAR

To

Dr. Dominic Thomas,

Copy to: 1. The Head, Department of Studies in Physical Education ,  
Kannur University  
2. EG.I  
3. SF/DF/FC

Forwarded By Order

  
SECTION OFFICER





## KANNUR UNIVERSITY

(Abstract)

Provisional registration to Ph.D. programme in Physical Education to Sri. Sajeesh K C under the guidance of Dr. Dominic Thomas with the School of Physical Education and Sports Sciences, Kannur University as Research Centre – With exemption from Course Work and Preliminary Qualifying Examination - Granted - Orders issued.

### RESEARCH DIRECTORATE

RD A3/25097/ Phy Edn/2018

Thavakkaram Campus P.O. Date: 19-01-2019

- Read: 1. Application for Ph.D entrance Examination/ Course Work leading to Ph.D. Programme received from Sri. Sajeesh K C .
2. Minutes of the meeting of the Departmental Research Committee in Physical Education held on 30-07- 2018.
3. Application for exemption from Ph.D. Course Work and Preliminary Qualifying Examination received from Sri. Sajeesh K C on 30.07.2018.
4. Application for Registration to Ph.D. Programme, received from Sri. Sajeesh K C on 31.08.2018.

### ORDER

1. Sri. Sajeesh K C, Aasith Nivas, Kariappally, Vellora (PO), Kannur - 670306, applied for Ph.D. Entrance Examination/Course Work leading to Ph.D. Programme, vide the paper read as (1) above.
2. Sri. Sajeesh K C has passed the Master of Physical Education Degree Examination of Kannur University, with 65.83% of marks and has produced copies of the qualifying certificates.
3. Sri. Sajeesh K C has passed the M.Phil. Degree Examination in Physical Education of Kannur University with 64.5% of marks..
4. As per Clause 8.5 of the revised Regulation, the regular M. Phil Degree holder may be exempted from the Coursework on the recommendation of the Departmental Research Committee, duly taking into consideration of the papers and dissertation work of their M. Phil programme.
5. The Departmental Research Committee meeting in Physical Education which held on 30-07-2018, scrutinized the synopsis of proposed research work in respect of Sri. Sajeesh K C and approved the proposal with the title as **“SPORTS INFRASTRUCTURE FACILITIES IN KERALA : USE, PREFERENCES AND NEEDS”**. The Chairman of the Departmental Research Committee in Physical Education recommended to exempt Sri. Sajeesh K C from Course Work and Preliminary Qualifying Examination, being an M.Phil Degree holder in Physical Education.
6. Sri. Sajeesh K C has applied for registration to Ph.D. programme in Physical Education under the guidance of Dr. Dominic Thomas with the School Physical Education and Sports Sciences, Kannur University as the Research Centre vide the paper read as (4) above. His application has been recommended by his Supervising Teacher and the Head of the Research Centre concerned. He has remitted prescribed fee for Ph.D. Registration and exemption from Coursework and PQE into the University Fund and produced the chalan receipt in original (Rs 1100/- vide chalan No. 3, dtd: 31/07/2018 & RS 3203/- vide chalan No. 4, dtd 31/07/2018, from SBI KU Campus).



7. Sri. Sajeesh K C submitted the synopsis as recommended by the Departmental Research Committee with the approval of his supervising teacher, having the title "SPORTS INFRASTRUCTURE FACILITIES IN KERALA : USE, PREFERENCES AND NEEDS".

8. As per the application submitted, Sri. Sajeesh K C, Physical Education Teacher at Govt. Higher Secondary School, Cherukunnu and he has submitted No Objection Certificate from the Deputy Director of Education, Kannur for doing Ph.D. programme under Kannur University.

9. The following Orders are therefore issued on the matter as approved by the Vice-Chancellor.

- i. Sri. Sajeesh K C is granted Privisional registration to Ph.D. Programme in Physical Education under the guidance of Dr. Dominic Thomas with the School of Physical Education and Sports Sciences, Kannur University as the Research Centre on the topic "SPORTS INFRASTRUCTURE FACILITIES IN KERALA : USE, PREFERENCES AND NEEDS".
- ii. Sri. Sajeesh K C will report for research at the Research Centre in presence of the Research Guide and Head of the Research Centre, within one month from the date of this Order, failing which his registration granted will be cancelled.
- iii. Joining report shall be signed by both Research Guide and Head of the Research Centre concerned and should contain entries regarding the date of reporting/joining of the candidate as a Research Scholar for Ph.D. programme before them.
- iv. His Research Work shall be governed by the "Regulations for Ph.D. Registration and Award of degree of Doctor of Philosophy-2018" and the guidelines prescribed for Ph.D. Programme as per the said Regulations amended from time to time.
- v. As per clause 4.1, Ph. D programme shall be for a minimum duration of three years, from the date of joining the research centre and a maximum of six years. Being Ph. D Research Scholar, Sri. Sajeesh K C shall submit his Ph.D. Final Thesis after a minimum period of three years and within a maximum period of six years from the date of registration.
- vi. As per clause 9.4, a research scholar shall appear before the Research Advisory committee once in six months to make a presentation of the progress of his/her work for evaluation and further guidance. The three monthly progress reports shall be submitted by the Research Advisory Committee (via e-mail) to the University through the research centre and with a copy to the research scholar.
- vii. As per the clause 9.5, in case the progress of the research scholar is unsatisfactory, the Research Advisory Committee shall record the reasons for the same and suggest corrective measures. If the research scholar fails to implement these corrective measures, the Research Advisory Committee may recommend to the University with specific reason cancellation of the candidate's registration.
- viii. A research supervisor/co supervisor, who is a Professor, shall guide not more than 8 Ph. D scholars. An Associate Professor can guide 6 Ph. D scholars and an Assistant Professor can guide 4 Ph. D scholars.

- ix. Sri. Sajeesh K C has to present a pre-submission seminar and publish research paper as provided for in the "Regulations for Ph.D. Registration and Award of Degree of Doctor of Philosophy-2018".
- x. All terms and conditions prescribed by the University from time to time will be applicable to the Research Work of the Research Scholar, in this regard. The research scholar shall strictly comply with the rules and regulation of the University.
10. Orders are issued accordingly.

Sd/-

DEPUTY REGISTRAR  
(Research Directorate)  
for DIRECTOR

To

Sri. Sajeesh K C

Copy to:

1. Dr. Dominic Thomas , Research Guide
2. The Head of the Research Centre,
3. RD B Section
4. 4. SF/DF/FC

Forwarded/by Order

  
SECTION OFFICER

ASA

# KANNU UNIVERSITY

(Abstract)

Exemption to Ph.D. programme in Physical Education on Part-Time basis to Sri. Kalesh N under the guidance of Dr. Dominic Thomas with the School of Physical Education and Sports Sciences, Kannur University as Research Centre - With exemption from Course Work and Preliminary Qualifying Examination - Granted - Orders issued.

## RESEARCH DIRECTORATE

Tin Acad E3/125/16/Phy Ed/2016

Thiruvananthapuram Campus P.O.Dated 17/10/2018

- Read: 1. Application for Ph.D entrance Examinations Course Work leading to Ph.D. Programme - 2016 received from Sri. Kalesh N
2. Minutes of the meeting of the Doctoral Committee in Physical Education held on 15-06-2017.
3. Application for exemption from Ph.D. Course Work and Preliminary Qualifying Examination Dated 15-06-2017 in respect of Sri. Kalesh N.
4. Application for Registration to Ph.D. Programme, received from Sri Kalesh N on 15-06-2017.
5. Memo of even number dated 25.08.2017.
6. Submission received on 4-08-2018.

## ORDER

1. Sri. Kalesh N, Kottambath House, Kandath P.O, Puzhassur, Kannur-670307, applied for Ph.D. Entrance Examinations Course Work leading to Ph.D. Programme-2016, vide the paper read (1) above.
2. Sri. Kalesh N has passed the Master of Physical Education Degree Examination of Kannur University, with 62.2% of marks and has produced copies of the qualifying certificates.
3. Sri. Kalesh N has passed the M.Phil. Degree Examination in Physical Education of Kannur University.
4. As per Clause 5.7. of the Regulation for Ph.D. Registration and Award of Degree of Doctor of Philosophy-2011, "Regular M. Phil. Degree holders of a recognized University are exempted from the Course Work and Preliminary Qualifying Examination based on the recommendation of the Chairman of the Doctoral Committee."
5. Sri. Kalesh N, being an M.Phil. Degree holder, was exempted from taking the entrance test to Ph.D Programme and submitted application for exemption from the Course Work and Preliminary Qualifying Examination and his M.Phil Dissertation in original. He has remitted the prescribed fee for exemption, into the University Fund.
6. The Doctoral Committee meeting in Physical Education which held on 15-06-2017, scrutinized the synopsis of proposed research work in respect of Sri. Kalesh N and approved the proposal with the title as "EFFECT OF WELLNESS PROGRAMME ON SELECTED VARIABLES AMONG MIDDLEAGED WOMEN". The Chairman of the Doctoral Committee in Physical Education recommended to exempt Sri. Kalesh N from Course Work and Preliminary Qualifying Examination, being an M.Phil Degree holder in Physical Education.
7. Sri. Kalesh N has applied for Part-Time registration to Ph.D. programme in Physical Education under the guidance of Dr. Dominic Thomas with the School Physical Education and Sports Sciences, Kannur University as the Research Centre vide the paper read (6) above. His application has been recommended by his Supervising Teacher and the Head of the Research Centre concerned. He has remitted prescribed fee for Ph.D. Registration into the University Fund and produced the chalan receipt in original. Sri. Kalesh N submitted the synopsis as recommended by the Doctoral Committee with the approval of his supervising teacher, having the title "EFFECT OF



WELLNESS PROGRAMME ON SELECTED VARIABLES AMONG MIDDLEAGED WOMEN".

8. As per the application submitted, Sri. Kalesh N, Assistant Professor in Physical Education, Pilathara Co-Operative Arts and Science College (Approved by Govt. of Kerala, Affiliated to Kannur University), Pilathara, Paicheel, Nareekamvally.P.O, Kannur-670504 and he has submitted an Objection Certificate from the Principal, Pilathara Co-Operative Arts and Science College for his Ph.D. programme on Part-Time basis under Kannur University.

9. The following Orders are therefore issued on the matter as approved by the Vice-Chancellor.

- i. Sri. Kalesh N is granted Part-Time Registration to Ph.D. Programme in Physical Education under the guidance of Dr. Dominic Thomas with the School of Physical Education and Sports Sciences, Kannur University as the Research Centre on the topic **"EFFECT OF WELLNESS PROGRAMME ON SELECTED VARIABLES AMONG MIDDLEAGED WOMEN"**, exempting him from Course Work and Preliminary Qualifying Examination on account of his M.Phil Degree.
- ii. Sri. Kalesh N will report for research at the Research Centre in presence of the Research Guide and Head of the Research Centre, within one month from the date of this Order, failing which his registration granted will be cancelled.
- iii. Joining report shall be signed by both Research Guide and Head of the Research Centre concerned and should contain entries regarding the date of reporting/joining of the candidate as a Research Scholar for Ph.D. programme before them.
- iv. His Research Work shall be governed by the "Regulations for Ph.D. Registration and Award of degree of Doctor of Philosophy-2011" and the guidelines prescribed for Ph.D. Programme as per the said Regulations.
- v. Being a Part-Time Research Scholar, Sri. Kalesh N shall submit his Ph.D. Final Thesis after a minimum period of three years and within a maximum period of six years from the date of registration (date of joining as Part-Time Research Scholar at the Research Centre) after fulfilling all other terms and conditions prescribed in the rules and regulations.
- vi. Part-Time Research Scholars doing Ph.D. in the University Department/Research Centre shall attend the Department/Research Centre for at least 60 days per year other than the period of Course Work. A Certificate to the effect that the candidate has attended the Institution for the period, signed by the Research Guide and Head of the Research Centre shall be produced with the thesis.
- vii. The Supervising Teacher shall constantly monitor the research activities of Sri. Kalesh N from the Research Centre concerned and report the matter to the University once in six months, failing which his registration is liable to be cancelled.
- viii. The Research Scholar and the Research Guide shall comply with the rules and regulations of the University regarding the Course Work and Ph.D. registration and awarding of the Ph.D. Degree, framed by the University from time to time.
- ix. The Head of the Research Centre shall forward the details of fee collected from the Research Scholar by the Research Centre



- 3
- x. Sri. Kalesh N has to present a pre-submission seminar and publish research paper as provided for in the "Regulations for Ph.D. Registration and Award of Degree of Doctor of Philosophy-2011".
  - xi. All terms and conditions prescribed by the University from time to time will be applicable to the Research Work of the Research Scholar, in this regard.
  - xii. Orders are issued accordingly.


Sd/-  
**DEPUTY REGISTRAR**  
(Research Directorate)  
for DIRECTOR

To  
Sri. Kalesh N

Copy to:

1. Dr. Dominic Thomas, Research Guide
2. The Head of the Research Centre,
3. RD B Section
4. 4. SF/DF/FC

Forwarded/by Order

  
SECTION OFFICER



  
Dr. DOMINIC THOMAS  
Principal  
S.E.S. COLLEGE  
SREEKANDAPURAM